

## apexart NYC Fellowship Sample Schedule

This sample schedule highlights aspects of the itinerary that apexart Fellows follow during their time in the program and is the most important aspect of the apexart Fellowship. The schedule lists activities, locations, organizations, and events which provide opportunities to experience a city outside an arts-focused comfort zone, and to engage in activities unrelated to the fellow's field of expertise. The program emphasizes new activities and experiences that will inform the way Fellows consider their creative work and life decisions.

### Monday

#### 12:30pm - 2:30pm Welcome Lunch at apexart

Where: apexart, 291 Church St, New York, NY 10013, USA

You will meet with apexart Director Steven Rand, as well as the team members at apexart who manage exhibitions, production and the website.

#### 3:00pm- 4:00pm Afternoon at the Empire State Building

Where: Empire State Building, 20 W 34th St, New York, NY 10001, USA

You have a pass that will take you up to the top of the Empire State Building without waiting in line. Get a unique perspective on the city from the iconic building!

#### 7:00pm- 9:00pm Movement Research Dance Performance with Margot Fox

Where: Judson Memorial Church, 55 Washington Square S, New York, NY 10012

This is a free, high visibility low-tech forum for experimentation, emerging ideas and works-in-progress. Artists are selected by a rotating committee of peer artists to perform. Margot Fox will join you at the performance.



### Tuesday

#### 9:30am - 1pm- Circleline Boat Tour

Where: New York Water Taxi | Pier 83, 12th Ave & W 42nd St, New York, NY 10036, USA  
Bring your printed ticket with you. You can go directly to the boarding queue for your cruise when you arrive. The tour circumnavigates the entire island of Manhattan for a unique perspective of the city.



### **3:00pm - 5:00pm Visit New York Historical Society**

Where: 170 Central Park West, New York, NY 10024

Explore current exhibitions: *Mark Twain and the Holy Land*, *Beyond Midnight: Paul Revere*

### **6:00pm- 7:00pm NYCares Volunteer Orientation**

Where: NYCares Office, 65 Broadway, 19th Floor New York, NY 10006

During your Fellowship you will have at least one volunteering activity each week. One of the organizations we work with is New York Cares, which organizes volunteering opportunities with agencies across NYC. This orientation is required before you begin volunteering and will familiarize you with the organization and the kinds of work you might be doing.

## **Wednesday**

### **10am - 11:30am Birding Basics: Central Park**

Where: Charles A. Dana Discovery Center (Inside the Park at 110th Street between Fifth and Lenox Ave)

Central Park welcomes more than 270 migrating bird species each year. Learn the basics of bird identification while exploring the North Woods, the largest woodland landscape in the Park.

### **12:50pm - 2:50pm Lower East Side Food Tour**

Where: Yonah Schimmel's Knishery at 137 E.

Houston St at Forsyth Street

Your scheduled tour guide is Katherine. She will take you through the neighborhood's culinary history.



### **6pm - 7:30pm Spanish for Beginners Class**

Where: Queens Library Langston Hughes, 100-01

Northern Blvd, Corona, NY 11368, USA

Join a weekly Spanish class for beginners at Queens Library.

## **Thursday**

### **8am - 10:30am**

### **Lecture at City University of New York: Architecture and Urban Planning Today**

Where: CUNY School of Urban Studies - 25 West 43rd Street, 18th Floor

### **11am - 12:30pm Visit Grand Central and Listen to Bowery Boys Podcast**

Where: Grand Central Terminal, 89 E 42nd St, New York, NY 10017, USA

Download the Bowery Boys Podcast, episode #45 about Grand Central. Walk around, or find a place to sit and look at the architecture while you listen to the history.



**12:30pm - 1pm NY Transit Exhibition in Grand Central**

Where: Grand Central Terminal, 89 E 42nd St, New York, NY 10017, USA

Find the NYC Transit Museum Exhibition within Grand Central Station. This exhibition examines the evolution of New York City Transit signage through the years.

**7pm - 9pm Climate Change- An Opera**

Where: BRIC, 647 Fulton St, Brooklyn, NY 11217, USA

Bring your ticket: Climate Change: An Opera uses songs, scenarios and games to evoke the many ways a small drip can become a colossal crash.

**Friday**

**10:00am-11:30am Aerial yoga (Level 1) at Om Factory**

Where: 873 Broadway, New York, NY 10003

Level 1 is designed to introduce students to the building blocks of Aerial Yoga. You will learn how to balance supported by fabric, flip in the air. The class helps gain body awareness and comfort in supported inversions.



**1pm - 5pm Volunteer with Food Not Bombs**

Where: Maria Hernandez Park, Bushwick

Food Not Bombs collects fresh food every week that would otherwise go to waste. As a volunteer, you will help with food preparation and serving at the soup kitchen.

**7:30pm - 10:30pm Celebrating Chilean Songwriting**

Where: The People's Forum, 320 W 37th St, New York, NY 10018, USA

Join in celebrating a special performance by Mochi Parra. Deeply rooted in Chilean folk songs, her repertoire stretches to embrace musical influences from all over South and Central America as well as the Caribbean.

**Saturday**

**10:30am - 2pm Newtown Creek Bike Tour**

Where: 46-01 5th St, Long Island City, NY 11101, USA

During the bike ride, we will visit a number of key areas along Newtown Creek where life is slowly re- establishing a foothold, including a variety of small scale restoration projects built by community groups and city agencies.



**4pm - 6pm Majestic Heights Steel Orchestra Concert with Nathan Catlin**

Where: 384 Classon Ave, Brooklyn, NY 11238, USA

Nathan Catlin is a past apexart Fellow who spent his Fellowship in Jerusalem, Israel. He will meet you at the concert.

**7pm - 10pm Cider in the Sukkah with Repair the World**

**Where:** Prospect Park Picnic House 40 West Dr. Brooklyn, New York, 11215

Come meet Repair the World volunteers and fellow participants under the Sukkah in Prospect Park. Enjoy apple cider and join a discussion of Judaism and Disability Awareness and how to make accessibility in New York City more of a reality.

**Sunday**

**Free day**