

apexart New York City Fellowship

Sample Schedule

apexart

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This sample schedule reflects the key components of the itinerary that apexart Fellows receive upon their arrival. There are about three events per day. The places, people, and events that we select are intended to provide insight into the city's different offerings. Similarly, the schedule aims to look beyond the art world, and highlight the often overlooked and potentially inspirational aspects of the city. It is a geographical, historical, and intellectual exploration that combines the high with the low, art with non-art, and the mundane with the extraordinary.

Wednesday

10:00am-12:30pm

[Volunteer at the 39th Annual Three Kings Day Parade](#)

104th Street at Central Park East
New York (Upper East Side), NY
Admission: none

For more than three decades, El Museo del Barrio has celebrated and promoted the Three Kings Day tradition with an annual parade. This year's parade begins at 106th Street and Lexington Avenue and travels to Third Avenue to end at 115th Street and Park Avenue. The procession features camels, colorful puppets, floats, and thousands of students and community members as participants.



We have signed you up to volunteer at this parade. Volunteers accompany school groups along the route, distribute crowns to parade participants during the parade, and engage with children, families, and the parade audience throughout the parade route. Look for the volunteer area, and introduce yourself--they're expecting you!

1:15pm

[Use a CitiBike to ride around Central Park](#)
84th Street and Park Ave - Pick up a CitiBike
Central Park East
New York (Upper East Side), NY
Admission: Bring your CitiBike key



From the CitiBike station, either bike or walk with the bike directly West on 84th Street until you reach Central Park. The map we've provided shows the dark green paths on which you can ride your bike. The largest loop is 6.1 miles/9.8 km and is a great way to get a sense of the park, one of New York City's treasures.

You may return your bike to any CitiBike dock, though there is one conveniently located at the Southeast corner of the park, at 59th Street/Central Park South (outside of the Park).

3:30pm

Psychotherapy Session with Nancy Wender
 145 Hudson Street
 Ste. 6b
 New York (Tribeca), NY
Please be prompt!



8:00pm

2nd Annual 12th Night Feast and Festival
 House of Yes
 2 Wyckoff Avenue (Between Troutman and Jefferson Streets)
 Brooklyn (Bushwick), NY
 Admission: none

House of Yes is a funky venue showcasing dance, circus, theater & cabaret performances in a former ice warehouse. Check out this mysterious event which has great food and performances, followed by a dance party. If you're curious, just go check it out, it will probably be pretty weird and amusing.



Thursday

10:00am SHARP please arrive at least 15 minutes early)

Meeting with Tom Keltner
 Executive Vice President and General Counsel, Empire State Realty Trust
 apexart Board Member
 111 West 33rd Street, 12th floor
 New York (Midtown), NY 10120



Please give yourself at least 45 minutes to arrive. Bring ID in case you need it to get into the building. Tom is responsible for leading a legal staff that provides and coordinates legal services in the Empire State Realty Trust's transaction, compliance, and litigation matters. Meet him at his offices at 10am sharp. Let him know what you've been up to so far on your program, and learn about how he became involved with apexart, and about his roles in the Empire State Realty Trust.

12:20pm

Concert: Bach at Noon (really, though, it's Bach at 12:20)
 Grace Church
 802 Broadway (at 10th Street)
 New York (East Village), NY
 Admission: none

The keyboard works of Bach offered in 30-minute meditations by Patrick Allen, organist and master of choristers, and Phillip Lamb, organ scholar.



3:30pm

Circle Line Cruises: Landmarks Tour

Pier 83

42nd Street and 12th Ave

New York (Midtown West), NY

Admission: Your ticket is printed for you.



See Manhattan from the water. The 2 Hour Semi-Circle Tour lets you experience the grandeur of mid and lower Manhattan. You'll enjoy magnificent views of the world's premier skyline and a close-up view of Lady Liberty. Sail down the Hudson, cruise around the Battery, up the East River, and under the Brooklyn, Manhattan and Williamsburg Bridges to the United Nations and back. You'll be able to see the architectural growth of the city and understand how the city was built up from the southern-most tip all that way through to the skyscrapers of Midtown. It's a bit touristy, but it's a great way to get oriented to the city. Please note that **boarding begins 30 minutes prior to the listed sailing time** of your cruise.

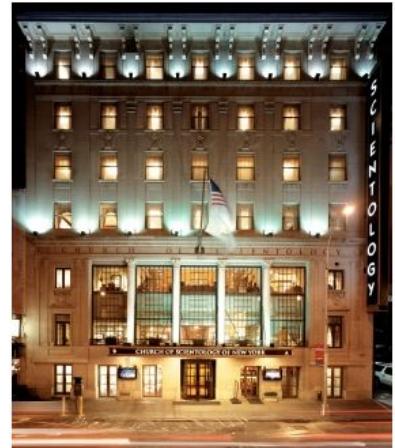
6:00pm

Self-guided Tour at The Church of Scientology

227 West 46th Street (between 7th and 8th Aves)

New York (Times Square), NY 10036

Admission: none



Scientology is a rather controversial practice in the United States, with critics likening it more to a (very powerful, very wealthy) cult than a religion.

Nonetheless, its centers remain open to the public. Go check it out, but don't share your personal information with them! This center also offers a "Free Dianetics Film" which runs throughout the day on no particular schedule.

Allegedly it "reveals the previously unknown source of unreasonable fears, upsets and insecurities. It explains clearly what is stopping you from being free to use all your potential ability and intelligence." Good luck!

Friday

10:30am

Attend a New York State Criminal Court Hearing

100 Centre Street, Room 1000

Between Leonard and White Street

New York (Financial District), NY

Admission: none



Check the listing in Room 1000 to see what cases are appearing today, and select the one that seems most interesting. When you get to room

1000, the list should be hanging on the wall, but if you have trouble finding it, just ask a clerk. Please note: **you will need proper identification (passport) to enter the building.**

3:00pm

Radical Alphabet City Tour

Museum of Reclaimed Urban Space
155 Avenue C (b/w 9th and 10th Streets)
New York (Alphabet City), NY
Tour Admission: \$20.00 (Keep receipt--we will reimburse you!)

Come visit legendary historic sites where this community faced off with gentrification and corporate power. Peek inside vibrant community gardens and legendary tenement buildings, Tompkins Square Park, the first community-based recycling center and the symbol of gentrification, The Christodora House.



MoRUS is a volunteer-run small history museum of grassroots activism. They tell the story of efforts to create community spaces on the Lower East Side, especially efforts that “reclaim” space that has been taken over by city bureaucracies or corporations. They highlight the political implications of how social structures shape and control our space. The museum presents a long-term historical perspective on how the urban landscape evolves through cycles.

6:30pm-7:30pm

Dark Nights, Bright Lights: Winter Solar System Workshop

Van Cortlandt Nature Center/Gen. Josiah Porter Statue
Van Cortlandt Park
Bronx, NY
Admission: none

Urban Park Rangers will be your guides to the solar system, discussing the science, history, and folklore of the universe. Many programs feature astronomy experts and viewing equipments is provided. Bundle up and get ready to see the night sky as seen by New Yorkers!



Saturday

10:00am

Compost/Garden Volunteer

Added Value's Red Hook Community Farm
580 Columbia Street
Brooklyn (Red Hook), NY
Admission: none

Come dressed for the weather and ready to get dirty. Assist with the largest community compost site in the United States that runs entirely on renewable resources (sun, wind, and human power).

This NYC Compost Project hosted by the Brooklyn Botanic Garden operates the compost site at the Red Hook Community Farm (across from IKEA). The program diverts tons of organic material each month from landfills and uses it to create beautiful soil amendments that will help grow much-needed healthful food for the community. Volunteers will engage in a variety of tasks related to the compost program, which may include building new mounds with donated food and wood chips, turning mounds, or sifting.



1:00pm

Raaka Chocolate Factory Tour with Scott Andrews

64 Seabring Street (between Richards & Van Brunt Streets)

Brooklyn (Red Hook), New York 11231

Admission: We have printed your confirmation.

Discover unroasted chocolate made in Brooklyn. At this factory in Red Hook, you'll get to taste raw cacao from different regions and compare how flavors vary across the world. From there, see what transforms raw cacao to the silky smooth texture of these bars. End the tour by savoring all of their signature craft bars, now knowing what makes their flavors so bold.



By day, Scott works along the famously-polluted Newtown Creek (the creek that divides Brooklyn from Queens) to test its waters for various toxins as part of a government-funded cleanup effort. On the side, he is an incredible and inventive chef and connoisseur of good food, and holds elaborate dinner parties by the season featuring his own tried and true recipes. Ask him about his work on the creek and about his latest dinner, and let him know about some of the things you've been doing so far on your Fellowship!



4:00pm

Museum of Morbid Anatomy

424-A 3rd Avenue (between 6th and 7th Streets)

Brooklyn (Gowanus), NY

Admission: \$8.00 (Keep receipt and we will reimburse you)

The Morbid Anatomy Museum is a new 4,200 square foot non-profit institution dedicated to the celebration and exhibition of artifacts, histories, and ideas which fall between the cracks of high and low culture, death and beauty, and disciplinary divides. It often focuses on material histories of the macabre. Don't miss their Morbid Anatomy Library, a research library and collection making available thousands of books, photographs, artworks, pieces of ephemera, and artifacts relating to medical museums, anatomical art, collectors and collecting, cabinets of curiosity, the history of medicine, death and society, natural history, arcane media, and curiosity and curiosities, broadly considered.



7:00pm

Film: *Notorious* (dir: Alfred Hitchcock)

The Metrograph (theater)

7 Ludlow Street

New York (Lower East Side), NY

Admission: we have printed your ticket



A romance built on manipulations, double-crossings and suspense, and the ultimate entangling of Hitchcock's favorite genre forms. Grant is government agent T.R. Devlin, who hires Alicia Huberman to infiltrate a ring of Nazis by seducing their leader. The only problem is that Devlin has already fallen in love with Alicia by the time he thrusts her into the arms of an enemy. The film signals a high-water mark in Hitchcock's visual style, as masterfully choreographed camera movements reveal personal motivations and moral ambiguities among the characters.

Sunday

10:30am

Gospel Sunday Service

New Zion Baptist Church

171 West 140th Street (between Adam Clayton Powell Blvd and Malcolm X Blvd)

New York (Harlem), New York

Admission: none, but bring \$2 for a donation at the end. We will reimburse you.



Experience perhaps the best gospel music New York City has to offer at this Harlem Baptist Church. Please plan to stay for the entire service.

1:00pm

Morris-Jumel Mansion

65 Jumel Terrace (between West 162nd and West 160th Streets)

New York (Washington Heights), NY

Admission: \$10, keep receipt



General George Washington used Morris-Jumel Mansion as his headquarters during the fall of 1776. It was during this period that the General's troops forced a British retreat at the Revolutionary War Battle of Harlem Heights. The house was built eleven years before the revolution, in 1765, by British Colonel Roger Morris and his American wife, Mary Philipse. The breezy hilltop location proved an ideal location for the family's summer home. Known as Mount Morris, this northern Manhattan estate stretched from the Harlem to the Hudson Rivers and covered more than 130 acres. Because they were loyal to the crown, the Morrises were eventually forced to return to England.

4:00pm

Parlor Jazz at Marjorie Eliot's

555 Edgecombe Avenue (between West 159th and West 160th Streets)

New York (Harlem/Washington Heights), NY

Admission: none, but bring \$2 to donate and we'll reimburse you.



Every Sunday for more than a decade, rain or shine, with no vacations, a jazz concert has taken place in the parlor of Marjorie Eliot's home on what she calls the northern tip of Harlem. Her weekly free concerts in the living room of her apartment are legendary in Harlem and an institution for jazz lovers citywide. There are no clear signs and no one really answers the bell, but just follow your nose and you'll find the place.

Monday - FREE DAY

Tuesday

11:00am

Meeting with Sana Musasama

Hunter College

68th Street and Lexington Avenue
Manhattan (Upper West Side), NY



Sana Musasama is an avid traveler and teaches at many universities around NYC, and has been working in Cambodia for several years with young women and girls who are victims of sexual violence. Ask her about the Queens town she grew up in, and about her experiences in her travels over coffee. Most importantly, keep track of time and plan to be in midtown by noon, because Sana is going to join you for an aerial yoga class! They don't take late arrivals and the reservations can't be transferred so it's important you arrive on time.

1:00pm (but arrive by noon please)

Aerial Yoga

OM Factory

265 West 37th Street (between 7th/8th ave, closer to 8th), 17th Floor

New York (Midtown), NY 10018

Admission: You have a reservation.



Aerial Yoga Core (Open level). This specialty Aerial Yoga Core class ignites your core and challenges every student to get strong and find balance within the body and mind - while balancing in the hammock! Expect to acquaint yourself with muscles you never knew you had and leave invigorated and walking tall. This empowering class is Level 1 but options will be offered as your strength and confidence in the hammock grow. With this class, you can have your cake and eat it too! *All levels Welcome.* *Following conditions are contraindicated for this class: recent spinal injuries/surgeries, hernias, recent vertebral disc herniations, recent wrist and shoulder injuries/surgeries. Have fun!

6:00pm

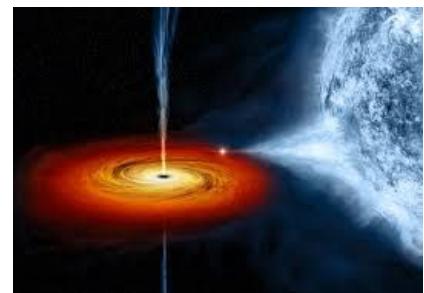
Lecture: Astrophysicist & Author Priyamvada Natarajan

The Bell House

149 7th Street (between 2nd and 3rd Avenues)

Brooklyn (Gowanus), NY

Admission: none



Blast off with astrophysicist and author Priyamvada Natarajan on a mission to explore black holes and dark matter—two of the most mysterious entities in the Universe. In this mind-blowing talk, coinciding with the release of her new book *Mapping the Heavens*, Dr. Natarajan examines the most recent breakthroughs in cosmology—from mapping invisible dark matter to the discovery of gravitational waves, the ripples in the fabric of spacetime predicted by Einstein.

Priyamvada Natarajan is a professor of astronomy and physics at Yale University, specializing in dark matter, dark energy, and black holes. A fellow of the American Physical Society, Royal Astronomical Society, and Explorers Club, she is the author of over 100 scientific papers and has written for *The Huffington Post*, *Washington Post*, *New York Review of Books*, and *Discover Magazine*.