

## **apexart International Fellowship Sample Schedule**

### **Location: Skopje, Macedonia**

This sample schedule reflects the key components of the itinerary that apexart Fellows receive upon their arrival. For International Fellowships, apexart works with local coordinators based in the city to development and confirm activities, meetings and daily events. Depending on the Fellowship location, there are about three events per day. The places, people, and events selected provide insight into the city's culture, language, routines and current events. Similarly, the schedule aims beyond the art world, and highlights the often overlooked and potentially inspirational aspects of a place. It is a geographical, historical, and intellectual exploration that combines the high with the low and the mundane with the extraordinary.

This sample schedule is inspired by an International Fellowship coordinated by Yane Calovski and Jovanka Popova in Macedonia.

### **Monday**

#### **11:00 AM Visit "The Fascinating World of Spiders" Exhibition**

Where: Macedonian Museum of Natural History

Address: Blvd. Ilinden 86

Macedonian Museum of Natural History was founded in October 1926 following an initiative of the wellknown biologist Dr. Stanko Karaman. The Museum collects, studies, and displays the natural heritage of Macedonia. The Museum collections totals more than 270,000 specimens of rocks, minerals, fossils, plants, fungi and animals from Macedonia. Through numerous scientific projects, the Museum undertook numerous studies of the fossil and recent fauna of Macedonia.



#### **3:00 PM Personal development session with Ivana Stankoska**

Where: LUX Integra, Str. Gorgji Kapchev 21a

One psychotherapy session each week gives Fellows an opportunity to discuss any issues, questions and thoughts while on the Fellowship. This is one of the activities that Fellows speak of as being one of the most interesting and important to them, and provides skills and results in a willingness to explore more after the program. other.

#### **6:30 PM Drumming Lessons with Goce Naumov**

Where: Naumov's Studio



Goce Naumov is a musician focused on percussive instruments and various styles of music such as jazz, ethno, experimental and performance. He is a member of La Colonie Volvox, Next to Silence and Zdeev, but was also a member of Sethstat, Superhicks, Pogan Pagan etc. His discography includes approximately 20 recorded albums of which 13 are published for most distinguished labels in Macedonia.

### **10:00 PM Night Swimming**

Where: Boris Trajkovski Sport Centre, Bulevar 8 Septemvri bb

Sport Centar Boris Trajkovski has a swimming pool, a gym for aerobics and gymnastics, bowling alley, ping pong and a lot of other sports. Night swimming starts from 22:00 and runs to 00:00.

## **Tuesday**

### **10:00 AM Climbing Vodno Mountain with Toni Dimitrov**

Venue: Vodno Mountain Trailhead

Contact: Toni Dimitrov

Nothing better than to start the day with a short trip to the Vodno Mountain. Within 20 minutes out of the city, you'll be surrounded by nature. We have scheduled a light mountaineering session and meeting with Toni Dimitrov, a cultural producer and explorer, radio host and activist, philosopher and communicologist, poet and mountain climber but also a sound artist dj designer and label owner. He hosts two radio programs on Kanal 103 – Post Global and Musica and Politics – dedicated to contemporary electronic music. His recent activities are connected to other projects such as Tiny Noise Radio, Upgrade, Kanal103, Line Initiative and Movement, Produkcija and many more.

### **3:00 PM Pantelejmon Monastery on Vodno Mountain**

Stop by this Monastery on your way down from the mountain, before returning to the city! The Saint Pantelejmon monastery church was erected by Alexis Comnenus in 1164, during the Byzantine rule of Macedonia which came under the Comnenus dynasty. The frescoes in the Saint Pantelejmon monastery date from the time of the construction of the church but there are others from the 15th, 16th, and 19th centuries. In addition to its beautiful frescoes, the Saint Pantelejmon monastery at Nerezi had a marble iconostasis dating from the 12th century. The iconostasis didn't remain intact when the church was damaged although some fragments have survived. It was reconstructed in 1932.



### **8:00 PM Meeting with Vladimir Jankovski**

Venue: Café Book Magor, Porta Bunjakovec, Bul. Partizanski Odredi. Lok. 21

Vladimir Jankovski is a writer, translator and editor; studied General and Comparative Literature. He works as Project Manager in the nongovernmental organisation "Kontrapunkt," as an editor at the "Magor" publishing company and as a literary translator. From 2003 to 2007 he also worked as a literary critic for the "Dnevnik" daily newspaper. In 2010 his first novel "Eternal Present" was published by Templum publishing house to critical acclaim. He has also published several photoessay books in cooperation with the Macedonian photographer Ivan Blažev

## **Wednesday**

### **11:45 AM Visit Radio Channel 103 to meet with social anthropologist and radio DJ Ivana Dragsic**

Where: Macedonian Radio Television, Bul. Goce Delcev b.b

"Main Stream" with Ivana Dragsic is show broadcasting on Channel 103. Kanal 103 is the only alternative (noncommercial) radio station in Macedonia with cult following among the audience. Transmitting since 1991, it's promoting avantgarde music and ideas, and is responsible for the most important cultural transformations in the region.

### **4: 00 PM Macedonian Language Lessons with Katarina Pavicevic**

Where: Urban Hostel

Class 3 of 4 – Practice telling time; future tense; short review (speaking and writing); Macedonian customs.

### **9: 00 PM Concert of Fighting Windmills experimental rock quintet**

Where: La Kana Bar / Old Town

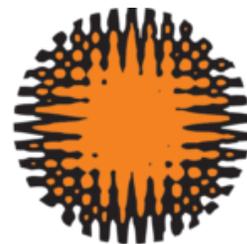
## **Thursday**

### **10:00 AM Volunteer: Association HOPS Healthy Options Project Skopje**

Where: St. Hristo Smirnenski 48/16

Contact person: Nora Stojanovik

HOPS (Healthy Option Project Skopje) is civil society organization that in 1997 introduced the first needle exchange program for prevention of HIV/AIDS among drug users and their families in Macedonia and three year later, in 2000, it began implementing the first program for support of sex workers in Skopje. Since then, it has successfully developed and implemented programs for reduction of drug related harm, prevention of HIV/AIDS and other sexually transmitted and bloodborne infections, as well as programs



**HOPS**  
HEALTHY OPTIONS PROJECT SKOPJE

for social inclusion of vulnerable and marginalized communities in the country.

**4:30 PM Tour through Archaeological Site Skupi near Skopje with Kate Antevska**

Where: Kate will meet you at the city center to drive to Scupi, archeological reserve in the outskirts of Skopje, where one of the large Roman cities of the ancient province of Macedonia has been researched. Kate will give you a guided tour!



**6:00 PM Attend an evening Meditation Class**

Where: Yoga Center Sadana, Str. 29 Noemvri, no. 75 (near the Catholic Church)

**Friday**

**9:30 AM Neighborhood Visit / Shuto Orizari**

Where: Meet at primary school “Brakja Ramiz” / w teacher Daniela Stojanovska Shutka, as this suburb of the Macedonian capital city Skopje is known as the largest Roma settlement in Europe with 70, 000 inhabitants. There is a Roma mayor, two TV stations, schools and two Romani MPs who sit in Parliament. Here the Romani are for once, not in the minority.

**6:00 PM Spiritual: Daily Mass Time at Catholic cathedral Sacred Heart of Jesus**

Where: Catholic cathedral Sacred Heart of Jesus, str. Petar Pop Arsov 47

Roman Catholic cathedral of the Diocese of Skopje is located in Skopje. It was designed by the Macedonian architect Blagoje Mickovskiego Bajo and completed in 1977. It replaced the old cathedral of the same name, destroyed by the 1963 Skopje earthquake. In its place is now a museum to Mother Teresa of Calcutta, who was born in this city.

**9:00 PM Meeting for a dinner with Ana Chupeska**

Where: Bistro Bruklinski, str. Orce Nikolov 75 (Debar Maalo)  
Ana Chupeska has a PhD in political science and is assistant at the Faculty of Law “Iustinianus Primus” and author of the book “Cultural identities in Politics – some aspects of multiculturalism.” Join her for dinner and learn about her academic work.



## Saturday

### 10:30 AM - 3:00 PM Visit the Matka Canyon with Kate Antevska, anthropologist

Join Kate for a walk along the bank of the River Treska – which is famous for the competitions in kayaking that take place on it, following the path that goes by the dam and the manmade lake Matka to the Monastery of St. Andrew. After this a boat rides on the canyon Matka (8km long) and climbing ups the path on a forested hill that leads up to the Monastery of St. Nikola at the top. Take her to lunch at the local restaurant.

### 8:00 PM Dance: Locomotion Festival for contemporary dance

Where: Centre for New Initiatives in Arts and Culture Youth Cultural Center

Schedule: 8:00 PM:

STREAMLINED/ Authorship & performance: Igor Koruga/ @YCC

9:30 PM: das marionette :

Saudade/ Performed by Adriana La Selva, Live

music by Arnaud Stox /@YCC

Lokomotiva Centre for New Initiatives in Arts and Culture is a NGO created in 2003. Lokomotiva has developed and implemented over thirty projects (film, performances, educative/training programs, debates, discussions, exhibitions etc.), in which the regional and international cooperation has always been a priority.

