

apexart International Fellowship

Sample Schedule: Skopje, Macedonia

apexart

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This sample schedule reflects the key components of the itinerary that apexart Fellows receive upon their arrival. Depending on the Fellowship Location, there are about three events per day. The places, people, and events that we select are intended to provide insight into the city's different offerings. Similarly, the schedule aims to look beyond the art world, and highlight the often overlooked and potentially inspirational aspects of a place. It is a geographical, historical, and intellectual exploration that combines the high with the low, art with non-art, and the mundane with the extraordinary.

While Fellows do not get to select their Fellowship location, this particular sample schedule is inspired by one coordinated by Yane Calovski and Jovanka Popova in Macedonia.

Monday

11:00 AM

"The Fascinating World of Spiders" exhibition

Venue: Macedonian Museum of Natural History

Address: Blvd. Ilinden 86



Macedonian Museum of Natural History was founded in October 1926 following an initiative of the well-known biologist Dr. Stanko Karaman. The Museum collects, studies, and displays the natural heritage of Macedonia. The permanent exhibitions of the Museum cover an area of 1,700 square meters and about 4,000 original exhibits are displayed in glass showcases and dioramas. The Museum collections totals more than 270,000 specimens of rocks, minerals, fossils, plants, fungi and animals from Macedonia. Through numerous scientific projects, the Museum undertook numerous studies of the fossil and recent fauna of Macedonia.

4:00 PM

Personal development session with Ivana Stankoska

Venue: LUX Integra

Address: Str. Gorgji Kapchev 21a

The goal of the psychotherapy sessions is to support the personal development, to raise the person's quality of life, just as to help the person to become aware of their own internal resources and strengths, and to change what it's no longer functional. The motive for psychotherapy can simply come from within, from a person's internal questioning or internal need for self-exploration, knowing oneself, self-actualisation and personal growth. What is most important for this process, is that it is realized in a safe and discreet environment, where everyone respects and cherishes one another.



6:30 PM

Drumming Lessons with Goce Naumov

Venue: Naumov Studio

Address: Kiro Krstevski Platnik no. 9

Goce Naumov is a musician focused on percussive instruments and various styles of music such as jazz, ethno, experimental and art-performance. He is a member of La Colonie Volvox, Next to Silence and Zdeev, but was also a member of Sethstat, Superhicks, Pogan Pagan etc. He had collaboration with Trevor Wats, Damo Suzuki, Gustavo Aguilar, Tony Brown, Toni Kitanovski and Theodosii Spasov among many. Besides his concerts and gigs with various bands and soloists in Europe and USA, he also did number of art-performances and composed music for theater. His discography includes approximately 20 recorded albums of which 13 are published for most distinguished labels in Macedonia.



10:00 PM

Sport: Night Swimming

Venue: Boris Trajkovski Sport Centre

Address: Bulevar 8 Septemvri bb

Sport Centar Boris Trajkovski has a swimming pool, carting, a gym, aerobics, gymnastics, bowling, ping pong and a lot of other sports. Swimming at nights is recommended to relax and to cool down. Night swimming starts from 22:00 and runs to 00:00.



Tuesday

10:00 AM

Climbing at Vodno Mountain with Toni Dimitrov

Venue: Vodno Mountain

Contact: Toni Dimitrov

Nothing better than to start the day with a short trip to the Vodno Mountain. Within 20 minutes out of the city you're surrounded by nature. We have scheduled a light mountaineering session and meeting with Toni Dimitrov, a cultural producer and explorer, radio host and activist, philosopher and communicologist, poet and mountain climber but also a sound artist-dj-designer and label owner. He hosts two radio programs on Kanal 103 – Post Global and Musica and Politics – dedicated to contemporary electronic music. His recent activities are connected to other projects such as Tiny Noise Radio, Upgrade, Kanal103, Line Initiative and Movement, Produkcija and many more.



3:00 PM

Pantelejmon Monastery

Vodno Mountain

Stop by this Monastery on your way down from the mountain, before returning to the city! The Saint Pantelejmon monastery church was erected by Alexis Comnenus in 1164, during the Byzantine rule of Macedonia which came under the Comnenus dynasty. The frescoes in the Saint Pantelejmon monastery date from the time of the construction of the church but there are others from the 15th, 16th, and 19th centuries. In addition to its beautiful frescoes, the Saint Pantelejmon monastery at Nerezi had a marble iconostasis dating from the 12th century. The iconostasis didn't remain intact when the church was damaged although some fragments have survived. It was reconstructed in 1932.



8:00 PM

Meeting with Vladimir Jankovski

Venue: Café Book Magor

Address: Porta Bunjakovec, Bul. Partizanski Odredi. Lok. 21

Vladimir Jankovski is a writer, translator and editor; studied General and Comparative Literature. He works as Project Manager in the non-governmental organisation "Kontrapunkt," as an editor at the "Magor" publishing company and as a literary translator. From 2003 to 2007 he also worked as a literary critic for the "Dnevnik" daily newspaper. In 2010 his first novel "Eternal Present" was published by Templum publishing house to critical acclaim. He has also published several photo-essay books in co-operation with the Macedonian photographer Ivan Blažev

**Wednesday**

11:45 AM

Guest at Radio Channel 103 with social anthropologist and radio DJ Ivana Dragsic

Venue: Macedonian Radio Television

Address: Bul. Goce Delcev b.b

"Main Stream" with Ivana Dragsic is show broadcasting on Channel 103. Kanal 103 is the only alternative (non-commercial) radio station in Macedonia with cult following among the audience. Transmitting since 1991, it's promoting avant-garde music and ideas, and is responsible for the most important cultural transformations in the region.



4: 00 PM

Macedonian Language Lessons

with Katarina Pavicevic

Venue: Urban Hostel

Class 3 — Telling time; Future tense; Short review (speaking and writing); Macedonian customs.

A a	B b	V v	G g	D d	Gj gj	E e	Zh zh	Z z	Dz dz	I i
А а	Б б	В в	Г г	Д д	Гј гј	Е е	Ж ж	З з	Дз дз	И и
[a]	[b]	[v]	[g]	[d]	[j]	[e]	[ʒ]	[z]	[dz]	[i]
J j	K k	L l	Lj lj	M m	N n	Nj nj	O o	P p	R r	S s
Ј ј	К к	Л л	Љ љ	М м	Н н	Њ њ	О о	П п	Р р	С с
[j]	[k]	[l]	[ɫ]	[m]	[n]	[ɲ]	[o]	[p]	[r]	[s]
T t	Kj kj	U u	F f	H h	C c	Ch ch	Dj dj	Sh sh		
Т т	Ќ ќ	У у	Ф ф	Х х	Ц ц	Ч ч	Џ џ	Ш ш		
[t]	[c]	[u]	[f]	[h]	[ts]	[tʃ]	[dʒ]	[ʃ]		

9: 00 PM

Concert of Fighting Windmills

experimental-rock quintet from Skopje, Macedonia

Venue: La Kana Bar / Old Town

Thursday

10:00 AM

Volunteer: Association HOPS - Healthy Options Project Skopje

Address: St. Hristo Smirnenki 48/1-6

Contact person: Nora Stojanovik

HOPS - Healthy Option Project Skopje is civil society organization that in 1997 introduced the first needle exchange program for prevention of HIV/AIDS among drug users and their families in Macedonia and three year later, in 2000, it began implementing the first program for support of sex workers in Skopje. Since then, it has successfully developed and implemented programs for reduction of drug related harm, prevention of HIV/AIDS and other sexually transmitted and blood-borne infections, as well as programs for social inclusion of vulnerable and marginalized communities in the country.



4:30 PM

Tour through Archaeological Site Skupi near Skopje with Kate Antevska

Address: Kate will Meet you at the city center

In the afternoon – drive to Scupi, archeological reserve in the outskirts of Skopje, where one of the large Roman cities of the ancient province of Macedonia has been researched. Kate will give you a guided tour!



6:00 PM

Attend a Yoga Class

Venue: Yoga Center Sadana

Address: Str. 29 Noemvri, no. 75 (near the Catholic Church)

Yoga classes for a healthy and fit body, to reduce and eliminate psychosomatic pain. Breathe deep and enjoy!



Friday

9:30 AM

Neighborhood Visit / Shuto Orizari

Guest at primary school “Brakja Ramiz” / w teacher Daniela Stojanovska

Address: Shuto Orizari

Shutka, as this suburb of the Macedonian capital city Skopje is known as the largest Roma settlement in Europe with 70, 000 inhabitants. There is a Roma mayor, two TV stations, schools and two Romani MPs who sit in Parliament. Here the Romani are for once, not in the minority.



6:00 PM

Spiritual: Daily Mass Time at Catholic cathedral Sacred Heart of Jesus

Venue: Catholic cathedral Sacred Heart of Jesus

Address: str. Petar Pop Arsov 47

Roman Catholic cathedral of the Diocese of Skopje is located in Skopje. It was designed by the Macedonian architect Blagoje Mickovski-Bajo and completed in 1977. It replaced the old cathedral of the same name, destroyed by the 1963 Skopje earthquake. In its place is now a museum to Mother Teresa of Calcutta, who was born in this city.



9:00 PM

Meeting for a dinner with Ana Chupeska

Bistro Bruklinski

str. Orce Nikolov 75 (Debar Maalo)

Ana Chupesza has a PhD in political science and is assistant at the Faculty of Law "Iustinianus Primus" and author of the book "Cultural identities in Politics – some aspects of multiculturalism." Join her for dinner and learn about her academic work.



Saturday

10:30 AM - 3:00 PM

Visit the Matka Canyon with Kate Antevska, anthropologist

Ask her to also show you the local churches and nearby caves!

Join Kate for a walk along the bank of the River Treska – which is famous for the competitions in kayaking that take place on it, following the path that goes by the dam and the man-made lake Matka to the Monastery of St. Andrew. After this a boat rides on the canyon Matka (8km long) and climbing ups the path on a forested hill that leads up to the Monastery of St. Nikola at the top. Take her to lunch at the local restaurant.



8:00 PM

Dance: Locomotion - Festival for contemporary dance

Centre for New Initiatives in Arts and Culture

Youth Cultural Center

8:00 PM: STREAMLINED/ Authorship & performance: Igor Koruga/ @YCC

9:30 PM: -das marionette- : Saudade/ Performed by Adriana La Selva, Live music by Arnaud Stox /@YCC

Lokomotiva - Centre for New Initiatives in Arts and Culture is a NGO created in 2003. Lokomotiva have developed and implemented over thirty projects (film, performances, educative/training programs, debates, discussions, exhibitions etc.), in which the regional and international cooperation have always been a priority.

