

Youniverse

Organized by hannes bend

November 3 - December 17, 2016

Opening reception:

Wednesday, November 2: 6-8 pm

including a Magical Laughter gathering by Lisa Levine, connecting beyond language with Malia Kulp (Sounding NYC), MantraTea by La Vonne Natasha Caesar, and music by/with the Geobacteraceae family & Interspecifics Collective

Youniverse is what human life is about – being happy, healthy, and in harmony. It merges insights from ancient and contemporary contemplative practices, art, technology, and science. It is centered around fun, non-judgmental, compassionate, caring, and kind togetherness. This series of inclusive free experiences embraces subjective and collective consciousness. Offered mindfulness services, embodied experiences of oneness, and games become facilitators for social- and self-empowerment, and enactments towards unity and love.

Transformative technologies experienceable weekdays, such as SoundSelf, Philosopharium, neuromore, LIVING INSIGHT, Juno VR, X TH Sense, and others.

SATURDAYS - FULL DAY, IN-DEPTH EXPERIENCES

November 5: Usness | Inter-/Intraspecies communication

November 12: powerfun dancing and dreaming

November 19: trusting the nerves' verses

November 26: me and moon

December 3: Webrations | me and mind in music

December 10: alignment, empathy, and embodied entanglements

December 17: for fun future



Robin Arnott
Debbie Attias
Noah Berman
Jessa Blades
Heidi Boisvert
La Vonne Natasha Caesar
Ariel Carson
Sarah M. Chappell
Kathy Cherry
Consciousness Hacking
Rebecca Conran
Shauna Cummins
Dharma Punx
Katie Down
Leslie García
Geobacteraceae family
Raquel Griffin
Deborah Hanekamp
Thiago Hersan
Jeff Hinshaw
Interspecifics Collective
Katrine Knauer
Jack Kornfield &
M SS NG P ECES &
Ari Kuschnir, Ivan Cash,
and Jeremy Lubman

Hiko Konami
Josh Korda
Malia Kulp (Sounding NYC)
Volker Lankow
Lisa Levine
Paloma López
Louise Ma
Lindsay Mack
Jeffery Martin
Maria Mishurenko
Diana Nahim
neuromore
Shannon Leigh O'Neill-Loyola
Valerie Oula
David Rothenberg
David Sauvage
Igor Shteynberg
DJ Spooky
Cathy Towle
Elizabeth Traina
Transformative Technologies
Emmanuel Traveler
UNLIMITED
Juno VR
Antonia Wright
Morgan Yakus

It seems time to overcome senses of self, territory, and ownership, and to be nonjudgmental, uniting, kind, and loving, finds **hannes bend**. For 'self'-accomplishments: e.g. artist-in-residence at the Quantum Physics Alemán Lab and Institute of Neuroscience at the University of Oregon 2014-16 where he conducted neuroscientific studies on meditation and visual stimuli for the creation of the virtual reality program "mYndful" with heart rate biofeedback for improved mindfulness in everyday lifestyles and refugee camps. International presentations and papers at the Bronx Museum Biennale, NY; Helsinki University; Rice University; Science of Consciousness, University of Arizona; "Best Presentation Award" in panel "Well-Being Computing: AI Meets Health and Happiness Science," AAAI 2016 Spring Symposia, Stanford University.

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more info at <https://apexart.org/exhibitions/bend.php>

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